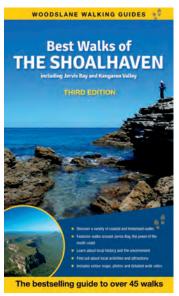
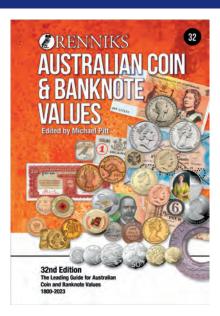
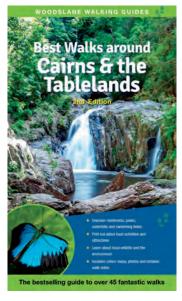
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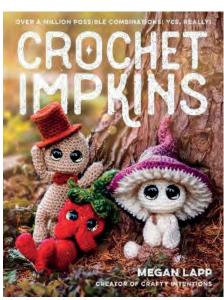
NEW RELEASE CATALOGUE

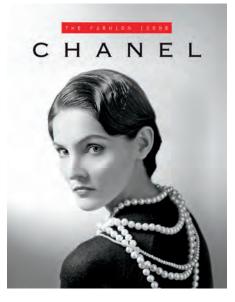














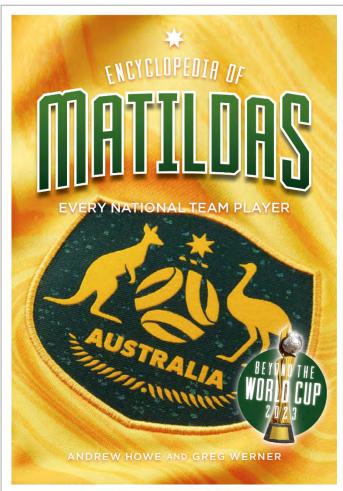
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E: INFO@WOODSLANE.COM.AU

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Author Bio:

Growing up in the 1960s on Sydney's upper North Shore, playing with Kissing Point & Wahroonga soccer clubs, Gregs connection with the national team was cemented early on hearing sideline stories of the talented Murray Barnes, who also played with Kissing Point and would go on to captain his country. That fascination grew over the decades working as an announcer, writer, and producer in rural and Sydney radio where, amongst other things, he wrote the history of sporting events covered by 2GB at the time.

Andrew Howe grew up in Sydney where his first sporting passion was for the Cronulla Sharks rugby league team and his academic ability was for statistics and history. Andrew attended his first national soccer league game between APIA Leichhardt and Marconi as a 19-year-old in 1988 and fell in love with the round ball code there and then. A Bachelor of Economics graduate from Macquarie University, Andrew's sporting statistics career then developed alongside his professional career as a demographer with the Australian Bureau of Statistics. Andrews statistical record for Australian national teams, national leagues and the country's players has been treated as the official record throughout this time. Andrew wrote his first guide for the national soccer league in 2000 and has compiled all men's and women's national league official guide since then.

Encyclopedia of Matildas Beyond the World Cup 2023

By Andrew Howe, Greg Werner

Key Sales Points:

- * The only A-Z Encyclopedia of a national women's football team in the world.
- * Companion volume to the Encyclopedia of Socceroos.
- * Includes colour photographs, data, stats, and charts from the Women's World Cup 2023.

Publicity:

* Media release. Videos. Football Writers Festival.

The companion volume to the *Encyclopedia of Socceroos Centenary Edition* (2022), this is a 120,000-word Encyclopedia, with players and data including the Women's World Cup just played to be held in Australia and New Zealand. Make sure you know about the history and heroes of womens football in Australia in time for the World Cup in 2023!

The Encyclopedia of Matildas World Cup Edition is fully updated and revised from the first edition in 2019 and includes data and information of the first Matildas who played in the AFC Ladies Asian Cup in 1975.

The Encyclopedia of Matildas is set-out in an easy-to-follow structure, with photographs where available. It is a 'must have guide for any fan of the game and is a wonderful addition to the library of every Matildas' supporter and fan of women's football.

It gives the cap number of every player, the number of games played, goals scored, match listing and a concise biography of each player, as well as historical data on the Women's Super League and the A-League Women's competitions.

Statistician Andrew Howe has meticulously gathered and maintained records of every match played by every woman selected for the Matildas, complemented by the work of Greg Werner from The Grassroots Football Project.

FAIR PLAY PUBLISHING

Category: SPORTS & OUTDOOR

Author is from NSW

Disc: Trade Australian 297 X 210 mm

Release Date: December 2023

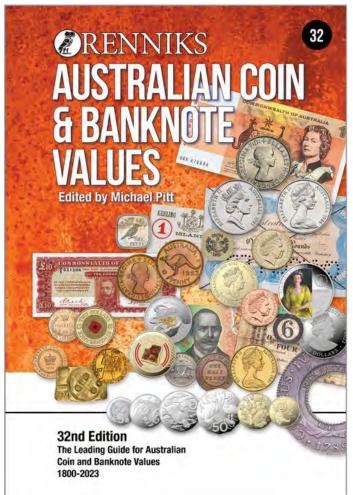
9781925914948

9 | 781925|914948

Paperback 220 pages

AUD\$: 55.00





Author Bio:

Michael T Pitt has been actively designing and editing Renniks Australian Coin & Banknote Values since 1990. He has been the managing editor of Renniks Australian Coin & Banknote Values since 2010.



Renniks Australian Coin & Banknote Values 32nd Edition

The Leading Guide for Australian Coin and Banknote Values. 1800-2023

Edited by Michael T. Pitt

Key Sales Points:

- * Australia's best-selling numismatic guide.
- * Existing customers as this is updated annually.
- * Each edition has new material & updated prices.
- * Previous Edition ISBN **9780648793601**

Publicity:

- * Will be sold by all major bookstores.
- * Reviews in all philatelic publications.
- * Reviews in various newspapers and journals.

This comprehensive guide to *Australian Coin & Banknote Values* contains over 4,500 unique images and countless thousands of valuations. This book is a must for all collectors, whether you are just a beginning or an advanced collector.

The latest information is compiled using weighted averages to assist pricing accuracy. Quality reproduction of photos makes it easy to identify items. Covered are copper, silver, gold, nickel, and all coins and notes used in Australia from 1800 to the present.

Subjects include Pre-Decimal and Decimal currency and privately issued banknotes, war issues, and privately issued tokens. Also included are the latest Royal Australian Mint, Perth Mint & Australia Post Numismatic Covers.

RENNIKS

Category: ANTIQUES & COLLECT'S

Author is from NSW

Colour Throughout Disc: Trade Australian 245 X 170 mm

Release Date: October 2023

9780648793625

Paperback 360 pages

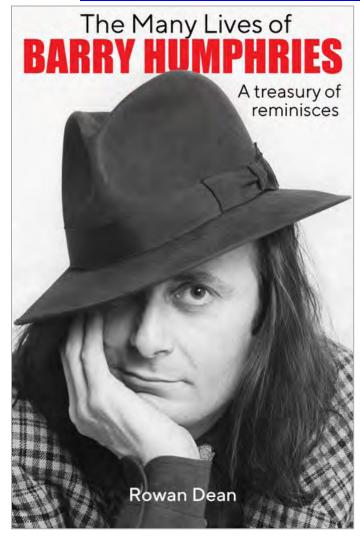
AUD\$: 45.95



HARDBACK EDITION - 9780648793632 - RRP\$55.95







The Many Lives of Barry Humphries

A Treasury of Reminisces

By Rowan Dean

Key Sales Points:

- * An intimate memoir about the life of Barry Humphries, one of Australia's most successful comedians, actors, authors, and satirist. From writing and playing his stage television characters Dame Edna Everage and Sir Les Patterson, *The Many Lives of Barry Humphries* recounts the incredible life and history of Humphries and the characters that brought him national and international renown.
- * One of the most recognisable names and faces in Australia's entertainment industry with an almost five-decade career spanning theatre, television, books, and film. The book covers the entire history of the legend.
- * Includes exclusive tributes from Academy Award-winning director Bruce Beresford and renowned British theatrical producer Sir Cameron Mackintosh to his most intimate and closest friends.
- * Media coverage: Just in time for Christmas and the State Memorial farewell to be held at the Sydney Opera House in December 2023.

Publicity:

* Exclusive author interview with prolific Australian television presenter Steve Vizard, Outsiders (Sky News Australia), and more to come.

Actor, comedian, raconteur, writer, poet, painter, songwriter, music lover and one of the most gifted artists of the last century, Barry Humphries was an Australian global superstar.

In this affectionate tribute, Rowan Dean, one of the last people to spend time alone with his friend Barry, reminisces the many lives of Barry Humphries with a plethora of Humphries' closest colleagues and associates about their unique and untold personal relationships with the extraordinary creator of Dame Edna and Sir Les Patterson.

Discover the unbelievable richness and surprises of the many, many lives of Barry Humphries in *The Many Lives of Barry Humphries*.

Author Bio:

Rowan Dean is one of Australia's leading media commentators and political satirists. He is the host of the contrarian and number one rating Outsiders show on Sky News Australia and a regular commentator on other TV shows. Rowan is also the editor-in-chief of The Spectator Australia and writes a weekly satirical column for the Australian Financial Review. He is also the author of several books including The Canberry Tales and the novel Corkscrewed, a tale of hedonism and ambition in the heady days of 1980s advertising.

HARDBACK EDITION - 9781922810687- RRP\$49.99

(Please note, the hardback edition was presented previously in the November 2023 New Release Catalogue)



WILKINSON PUBLISHING

Category: BIOGRPAHY

Author is from VIC

Colour Section(S)
Disc: Trade Australian

225 7 472

235 X 172 mm

Release Date: November 2023

9781922810694

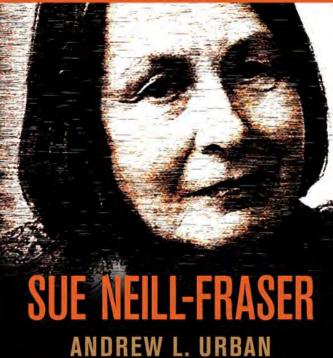
Paperback 240 pages

AUD\$: 34.99





THE EXONERATION PAPERS



The Exoneration Papers - Sue Neill-Fraser

By Andrew L. Urban

Key Sales Points:

- * Includes 60 minutes witness transcript of the headline-making Vass "interview", excerpts of Sue Neill-Fraser's prison diary and many more.
- * A detailed look into the failure of police to disclose proper evidence, the missed clues in the statutory declaration that led to the conviction and the irony of the Integrity Commission's lack of integrity and logic.

Never faltering in her claim of innocence, Sue Neill-Fraser was released on parole in October 2022, after 13 dark years in a Hobart prison for murdering her partner, Bob Chappell. But her rightful fight to quash her wrongful conviction continues.

This book reveals the entire shocking case of Sue Neill-Fraser, whose crime was invented, and her conviction protected by the Tasmanian devils of the entire legal establishment, including the police, the Office of the Director of Public Prosecutions, the political leadership, the Legal Profession Board, and the Integrity Commission.

Based on speculation without evidence, her conviction has drawn condemnation from over 36,000 petitioners, lawyers, barristers and much of the media.

In Vol.1, investigative journalist and author Andrew L. Urban traced the first stage of this shocking miscarriage of justice; in Vol.2 he reveals the full extent of a catastrophic failure of

Now, after two dismal appeals that followed the trial, there are still plenty of grounds to appeal again – and to have the conviction quashed.

There is hope, but it needs the swell of public pressure to disarm the power of Tasmania's legal 'club'.

Paperback

220 pages

AUD\$: 29.99

WILKINSON PUBLISHING

Tasmania's legal system.

Category: TRUE STORIES

Author is from VIC

Not Illustrated

Disc: Trade Australian 235 X 172 mm

Release Date: August 2023

9781922810915

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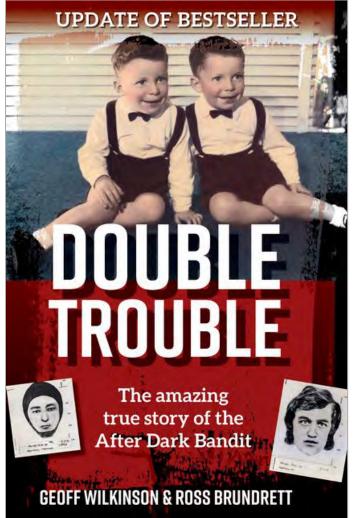
Author Bio:

Andrew L. Urban, an author, journalist, and documentary filmmaker, fled Hungary as a child during the 1956 revolution, eventually settling in Australia. He has written for many publications and has authored investigative books on wrongful convictions. His first book, Murder by the Prosecution explored several wrongful convictions and was described by Margaret Cunneen SC as 'troubling expose'. He has published the online Wrongful Convictions Report since 2018. He was Channel Host on World Movies for five years. He co-published with his wife Louise, the online movie magazine Urban Cinefile for 20 years. During his lifelong career as a journalist, he has had over 2,000 freelance articles published in a variety of publications in Australia and internationally.

Please note, this book has previously been presented.

The book is now in stock!





Double Trouble

The Amazing True Story of the After Dark Bandit

By Geoff Wilkinson, Ross Brundrett

Key Sales Points:

- * New edition of the 2019 bestseller a book to rediscover for all true crime buffs.
- * The book chronicles the amazing true story of identical twins Peter and Doug Morgan who rampaged through Victoria as the 'After Dark Bandit' in the 1970s.
- * Described by former Victoria Police Chief Commissioner Mick Miller as "the fascinating inside story of the Morgans' extraordinary criminal partnership."
- * The book has been updated time for upcoming events with Doug Morgan at Pentridge prison where Doug is currently one of the resident star attractions featuring in public tours of the former prison.

It was a crime spree like no other. One of the great double acts in Australian criminal history led police on a merry chase for more than two years. And all the time police thought they were chasing one man.

There were two, maybe three stickups a month but only in the colder months. Country TABs and banks were always hit near closing time with the After Dark Bandit then disappearing into the bush.

Author Bio:

Geoff Wilkinson is a former journalist (he retired in 2012 after 43 years), founding Media Director of Victoria Police and in 1987 established Australia's first Crime Stoppers program. In 2008, he was awarded an Order of Australia medal for community service and in 2010, he was presented with a Lifetime Achievement Award by the Melbourne Press Club. Since his retirement from full-time journalism, Geoff has served on the board of Victoria's Sentencing Advisory Council and Adult Parole Board. He is the co-author of Mugshots 1 (2019). A journalist of more than 40 years standing, Ross Brundrett honed his craft in the western suburbs of Melbourne at The Footscray Mail and Western Times before going on to work as a sub-editor at The Herald, then as a senior reporter, feature writer and columnist for newspapers such as the Sunday Press, The Sun and, for almost 25 years. He went on to write a regular column in the Weekend section of the Saturday Herald Sun and has also written a yearbook for his beloved Western Bulldogs and contributed a chapter to the coffee table book, The Story Of The Melbourne Cup.

No clues, no leads, no hope. It wasn't until the gig was up — thanks to the unflinching bravery of a couple of old-school country coppers (one who almost died) that police discovered that the After Dark Bandit was both Public Enemy No.1 and No.2!

Double Trouble chronicles the journey of Peter and Doug Morgan and their notorious dad who taught them how to build houses and steal stuff.

So many twists and turns along the way, including the startling revelation that the only time the identical twins ever got along was when they were doing holdups.

WILKINSON PUBLISHING

Category: TRUE STORIES Colour Section(S) Disc: Trade Australian 235 X 172 mm

Release Date: December 2023

9781922810670

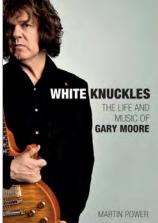
Paperback 278 pages

AUD\$: 34.99



WOODSLANE DECEMBER 2023 NEW RELEASE CATALOGUE





White Knuckles

The Life and Music of Gary Moore

By Martin Power

'Whatever I did, at least I meant it . . .' Gary Moore. White Knuckles chronicles the personal and professional journey of one of rock's most influential musicians: Gary Moore. Born in Belfast and rising to conquer some of the world's biggest stages, the guitarist-singer-songwriter enjoyed spells with the likes of rock giants Thin Lizzy before becoming a successful solo artist in his own right. Balancing biography with a critical analysis of Moore's songs and guitar style, White Knuckles explores the evolution of Gary Moore's music, from progressive rock and jazz fusion to metal and pure blues. It also examines his friendships and artistic collaborations with the likes of George Harrison, Philip Lynott, Peter Green, Rory Gallagher, Cream's Jack Bruce and many more.

OMNIBUS PRESS

BIOGRPAHY: GENERAL

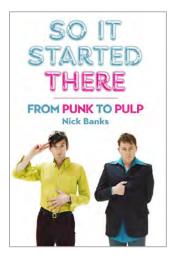
Disc: TRADE INTERNATIONAL

Hardback 234 X 156 mm 336 Pages

NOT ILLUSTRATED
Rel Date: December 2023

9781787601611 AUD\$: 59.99





So it Started There

From Punk to Pulp

By Nick Banks

So It Started There chronicles the life and career of drummer Nick Banks, and how he came to be in one of the UK's most iconic and beloved bands: Pulp. Beginning with his childhood in Rotherham, Nick recounts his personal and musical journey through the genres, first as a punk, then as a goth; how it all started when he was first inspired to pick up the sticks by Sex Pistols drummer, Paul Cook. He pays Jarvis and the gang a visit and the rest is history. From there, Nick describes his growth as a professional drummer and musician, the trials, and tribulations of chasing success in the music industry, touring triumphs and horrors, the band's journey from relative obscurity to becoming a global sensation, and the process of writing and recording their most famous albums.

OMNIBUS PRESS

MUSIC

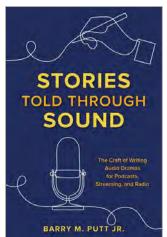
Disc: TRADE INTERNATIONAL Paperback 234 X 156 mm

400 Pages

B&W THROUGHOUT Rel Date: December 2023

9781915841100 AUD\$: 44.99





Stories Told through Sound

The Craft of Writing Audio Dramas for Podcasts, Streaming, and Radio

By Barry M. Putt Jr.

With over 4,000 outlets worldwide and growing, audio drama is the new frontier in storytelling. From family dramas tales to epic space battles and period pieces to large-cast musicals, it is a medium without limits, because the audience creates the visual world in their mind. In *Stories Told through Sound*, audio-dramatist Barry M. Putt, Jr. lays out the essentials of the form in an engaging, easy-to-understand manner. He offers dozens of tactics and strategies: the top reasons audiences don't connect with a character and how to avoid them, ways to create exciting plot twists, career pitfalls to watch out for, and how to draft a dynamic marketing plan that will keep your work in the forefront of any industry professional's mind. It includes tips from several top-tier professionals to help give a deeper understanding of how to find success in a new and exciting creative industry.

ROWMAN & LITTLEFIELD PUBLISHERS

FILM, TV & RADIO
Disc: TRADE INTERNATIONAL
Paperback

229 X 152 mm 224 Pages

B&W THROUGHOUT

Rel Date: November 2023

9781493065349 AUD\$: 49.99







The Art of Classic Sci-Fi Movies An Illustrated History

By Adam Newell, Kim Newman



Acknowledging the iconic, but with plenty of room for the rare and unfamiliar, *The Art of Classic Sci-Fi Movies* presents a stellar selection of imagery, charting the story of the genre from its origins in foundational works. The most extensive book of its type ever published.

ROWMAN & LITTLEFIELD PUBLISHERS

Category: FILM, TV & RADIO Disc: TRADE INTERNATIONAL 279 X 254 mm

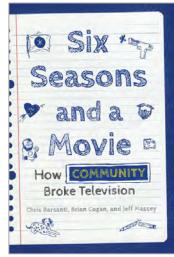
Release Date: December 2023

9781493071036

Hardback 320 pages

COLOUR SECTION(S)

AUD\$: 79.99



Six Seasons and a Movie

How Community Broke Television

By Chris Barsanti, Jeff Massey



Covering everything from the corporate politics that Harmon and his team endured at NBC to the Easter eggs they embedded in countless episodes, *Community: The Show that Broke Television* is a rich and heartfelt look at a series that rewrote the rules of TV sitcoms.

ROWMAN & LITTLEFIELD PUBLISHERS

Category: FILM, TV & RADIO Disc: TRADE INTERNATIONAL

229 X 152 mm

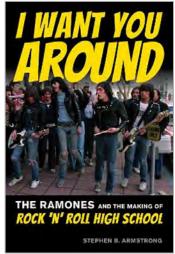
Release Date: October 2023

9781493066551

Paperback 288 pages

B&W THROUGHOUT

AUD\$: 44.99



I Want You Around

The Ramones and the Making of Rock 'n' Roll High School

By Stephen B. Armstrong



The first of its sort, The Ramones and the Making of Rock 'n' Roll High School provides readers with a detailed production history of this beloved film that draws upon extensive interviews the author has conducted with many of the people who contributed to its creation.

ROWMAN & LITTLEFIELD PUBLISHERS

Category: MUSIC

Disc: TRADE INTERNATIONAL

229 X 152 mm

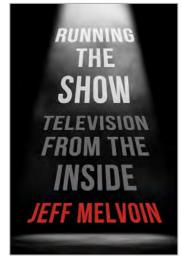
Release Date: December 2023

9781493064496

Paperback 256 pages

COLOUR SECTION(S)

AUD\$: 47.99



Running the Show Television from the Inside

By Jeff Melvoin



Running the Show takes you inside building a show from the ground up and what a showrunners life looks like in Hollywood. This unique job covers aspects from the creative to the managerial and everything in between. Reveals the ethical side of show running and writing with humour, and integrity.

ROWMAN & LITTLEFIELD PUBLISHERS

Category: FILM, TV & RADIO Disc: TRADE INTERNATIONAL

229 X 152 mm

Release Date: September 2023

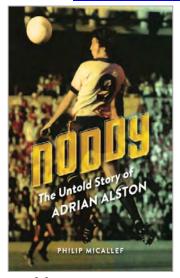
9781493075294

Paperback 256 pages

B&W THROUGHOUT

AUD\$: 51.99





Noddy The Untold Story of Adrian Alston

By Philip Micallef

Key Sales Points:

* Socceroos will celebrate 50 years since they qualified for a World Cup for the first time on 13/11/23. * Not an ordinary sports biography because of Alstons life also working in disability services. * Alston and author, Philip Micallef, are available for interview, book signings and appearances.

Adrian Alston, commonly known as 'Noddy', was a key member of the semi-professional team that defied all the odds to become the first Australian team to reach the 1974 World Cup finals. *Noddy: the untold story of Adrian Alston* is a tell-all account by Philip Micallef of the flamboyant striker who lit up the local football scene after moving from England to Australia in the late 1960s. Alston looks back on a career that took him from the little ground of Woonona on the NSW south coast to the imperial Olympic Stadium in Berlin.

Noddys was a colourful and extraordinary career but when it ended abruptly after he suffered a serious injury, he was able to draw on the altruistic side of his temperament when he devoted his life after football to the special needs of intellectually disabled people. It is a job that gives him as much satisfaction as when he used to bang in the goals for club and country. As a 1974 Socceroo, Adrian Alston is a true legend of the game and Philip Micallefs book will ensure that Noddys exploits for Australia will not be forgotten.

FAIR PLAY PUBLISHING

Category: BIOGRPAHY: GENERAL

Author is from NSW

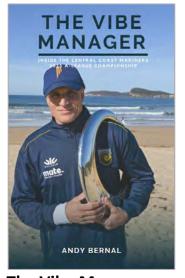
Disc: TRADE AUSTRALIAN

234 X 156 mm

Release Date: November 2023

9781925914849

9 781925 914949



The Vibe Manager
Inside the Central Coast Mariners 2023 A-League
Championship

By Andy Bernal

Key Sales Points:

* This short memoir is fully supported by Central Coast Mariners club. * Bernal is available for appearances, book signings, and interviews.

Former Socceroo and minder to David Beckham, Andy Bernal, was sitting at home contemplating what to do next when a phone call from a stranger prompted his next football move. It was Richard Peil, Co-Founder of Anytime Fitness, wanting Bernals thoughts on moving into the football business after reading Andys best-selling autobiography, Riding Shotgun. From there, sprung a friendship which led to Peil buying into the A-Leagues Central Coast Mariners.

With limited resources as the A-Leagues smallest club and smallest population, the pair went about building a club, appointing a coach, and assembling resources, that would see Central Coast Mariners win the 2023 A-League championship under the direction of new coach, Nick Montgomery. With an official title of Director of Athletic Development, and an unofficial one of Vibe Manager, Bernal was integral to the camaraderie and teamwork that characterised the Central Coast Mariners successful season. This is the first book written by an A-League insider about the day-to-day issues faced by a club within a 30-week season.

FAIR PLAY PUBLISHING

Category: BIOGRPAHY: GENERAL

Author is from ACT

Disc: TRADE AUSTRALIAN

216 X 216 mm

Release Date: October 2023

9781925914900

9 | 781925 | 914900

Paperback

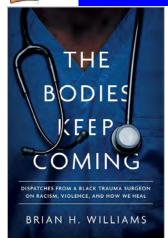
AUD\$: 29.99

Paperback

AUD\$: 34.99



WOODSLANE DECEMBER 2023 NEW RELEASE CATALOGUE



The Bodies Keep Coming

Dispatches from a Black Trauma Surgeon on Racism, Violence, and How We Heal

By Brian H. Williams

A tour de force that diagnoses the structural root of the violence that plagues us all. Trauma surgeon and professor Dr. Brian H. Williams has seen it all: gunshot wounds, stabbings, and traumatic brain injuries. In The Bodies Keep Coming, Williams ushers us into the trauma bay, where the wounds of a national emergency amass. As a Black man, he learned to swallow the rage when patients told him to take out the trash. Just days after the tragic police shootings of two Black men, Williams tried to save the lives of white police officers shot in Dallas in the deadliest incident for US law enforcement since 9/11. Thrust into the spotlight in a nation that loves feel-good stories about heroism more than hard truths about racism, Williams came to rethink everything he thought he knew about medicine, injustice, and what true healing looks like.

1517 MEDIA

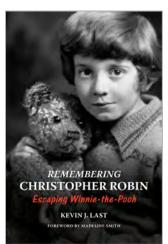
BIOGRPAHY: GENERAL Disc: TRADE INTERNATIONAL

Hardback 235 X 159 mm 276 Pages

Rel Date: December 2023

9781506483122 AUD\$: 59.99





Remembering Christopher Robin

Escaping Winnie-the-Pooh

By Kevin J. Last, Madeline Smith

This a story from a hundred years ago about a child framed by his father as the hero of one of the most famous children's characters in recent history. His parents wanted a girl and initially treated him as one. This, together with distant parents and an overwhelming Nanny, left him terminally shy and lacking in self-confidence. Initially unable to escape from him his fictional self, he became an object of continued interest from a non-understanding public. His saving came in the form of being sent away to Stowe School, going to Cambridge, and becoming an expert on mines in World War II. After a difficult period immediately post-war in London, he married and eventually ran a bookshop in Dartmouth for twenty-one years. His life was dominated by a love of the countryside, learned at his parents' country home, Cotchford Farm in Hartfield, East Sussex and afterwards in the South-West. How he achieved this, against the odds, is the subject of this biography.

UNICORN PRESS

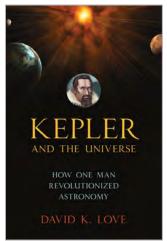
BIOGRPAHY: GENERAL Disc: TRADE INTERNATIONAL Hardback 234 X 156 mm

240 Pages

B&W THROUGHOUT Rel Date: December 2023

9781911397649 AUD\$: 75.99





Kepler and the Universe

How One-Man Revolutionized Astronomy

By David K. Love

A contemporary of Galileo and a forerunner of Isaac Newton, Johannes Kepler (1571-1630) was a pioneering German scientist and a pivotal figure in the history of astronomy. This colourful, well-researched biography brings the man and his scientific discoveries to life, showing how his contributions were every bit as important as those of Copernicus, Galileo, and Newton. It was Kepler who first advocated the completely new concept of a physical force emanating from the sun that controls the motion of the planets--today we call this gravity and take it for granted. He also established that the orbits of the planets were elliptical in shape and not circular. And his three laws of planetary motion are still used by contemporary astronomers and space scientists.

ROWMAN & LITTLEFIELD PUBLISHERS

SCIENCE: GEN ISSUES

Disc: TRADE INTERNATIONAL

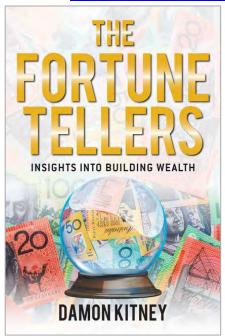
Paperback 236 X 161 mm 254 Pages

Rel Date: December 2023

9781633889477 AUDS: 44.99







The Fortune Tellers
Insights Into Building Wealth

By Damon Kitney

Key Sales Points:

* A carefully curated collection of insights from Damon Kitney's 25 years interviewing Australia's wealth creators. * 32 previously untold, gripping stories of what it takes to make – and sometimes lose – a fortune. * Well-known patriarchs and matriarchs like Kerry Stokes, Paula Fox and Frank and Shirley Costa share not so well-known life lessons and very personal stories. * Damon provides his own reflections on sitting down one to one and gaining the trust of some of our most successful Australians.

Publicity: * Damon will utilise his strong media and business connections in promoting the book. * Events featuring some of the book's 'interviewees' are being planned for late 2023/ early 2024.

After 25 years of one-on-one interviews with Australia's preeminent business leaders, Damon Kitney knows how to tell the stories of our fortune makers. *The Fortune Tellers* sets out 32 personal stories of wealth building – sometimes warts and all – the wins, the losses and the lessons learned. The book features insights from a who's who of Australia's business community including David Hains, Warren Anderson, Carol and Alan Schwartz and Jennifer Nason.

WILKINSON PUBLISHING

Category: BUSINESS & MANAGEMENT

Disc: TRADE AUSTRALIAN

235 X 172 mm

Release Date: December 2023

9781922810663



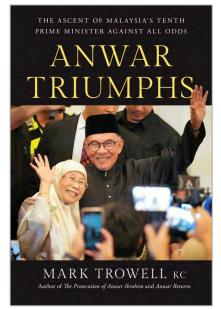
ess arol an

Paperback

288 pages

AUD\$: 34.99

NOT ILLUSTRATED



Anwar Triumphs

The ascent of Malaysia's Tenth Prime Ministers against all odds

By Mark Trowell

Key Sales Points:

* An exciting insider's perspective of the political coalition, with details that led to Anwars historic victory and what it means for the future of Malaysia. * Vision for Malaysia: An exclusive interview with Anwar, where he shares his vision of a better Malaysia – including his plans and initiatives for the country moving forward. * Key documents and personal photographs: Includes a letter written from prison where he speaks candidly about the decision to form the coalition with Tun Dr Mahathir.

With cartoons by Zunar. The four years following Anwar Ibrahim's release from prison on 16 May 2018 were as dramatic as it were chaotic. With rare insider insights, this book uncovers the collapse of the Pakatan Harapan coalition, the turmoil after Mahathirs shocking resignation, and the hard decisions made to secure power. It reveals how Anwars personal triumph over old rivalries, political betrayals by former allies, and sensational moves to make the nation stronger, eventually led to the hung parliament result of GE15 and his appointment as the tenth prime minister of Malaysia. Testament to the strength and perseverance of a nation and its leader, this book is a must-read for anyone interested in the political landscape of Malaysia and the incredible journey of a man who never gave up on his dreams of a better future for his country and his people.

MARSHALL CAVENDISH

Category: BIOGRPAHY

Author is from Australia

Disc: TRADE INTERNATIONAL

227 X 152 mm

Release Date: December 2023

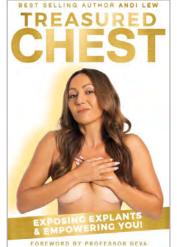
9789815113075



Paperback 200 pages NOT ILLUSTRATED AUD\$: 34.99



WOODSLANE DECEMBER 2023 NEW RELEASE CATALOGUE



Treasured Chest

Exposing Explants and Empowering You!

By Andi Lew



Busting out at 50! Breast implant illness is bigger than we know. From new cancers and undetected ruptures, best-selling author Andi Lew helps you hold your precious self in the healthiest way possible when removing your implants.

HEART TO HEART PUBLISHING

Category: FAMILY & HEALTH

Author is from NSW

Disc: TRADE AUSTRALIAN

203 X 133 mm

Release Date: October 2023

9780648458463

Paperback 250 pages NOT ILLUSTRATED

AUD\$: 25.95

CARISSA GALLOWAY RDN - JEFF GALLOWAY

RUN, WALK, EAT.

A Practical Nutrition Guide to Relp Runners and Walkers Improve Their Performance and Maximize Their Realth

From the created the Religion of the Relig

Run. Walk. Eat.

By Carissa Galloway, Jeff Galloway



In *Run. Walk. Eat.*, runners will have the best nutritional guidelines to eat for training and performance. Jeff Galloway and Carissa Galloway break down nutrition to provide readers with simple changes for lifelong eating habits.

MEYER AND MEYER

Category: FAMILY & HEALTH
Disc: TRADE INTERNATIONAL

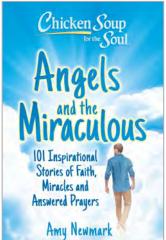
235 X 235 mm

Release Date: December 2023

9781782552611

Paperback 288 pages

AUD\$: 29.99



Chicken Soup for the Soul Angels and the Miraculous

By Amy Newmark



These true personal stories of angels, miracles, answered prayers, and the unexplainable will deepen your faith and strengthen your hope. And this book will serve as a reminder that these visitations and blessings can happen for you!

CHICKEN SOUP SOUL

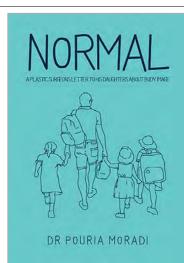
Category: SELF-HELP/PRACTICAL Disc: TRADE INTERNATIONAL

216 X 140 mm

Release Date: December 2023

9781611591040

Paperback 368 pages NOT ILLUSTRATED AUD\$: 34.99



Normal

A Plastic Surgeon's Letter to his Daughters About Body Image

By Dr. Pouria Moradi



The purpose of this book is to educate and empower young women to reclaim their self-esteem, to know that how they look is not their fault, that beauty is about confidence, not perfection.

PUBLISH CENTRAL

Category: FAMILY & HEALTH

Author is from NSW

Disc: TRADE AUSTRALIAN

210 X 140 mm

Release Date: September 2023

9780645537895

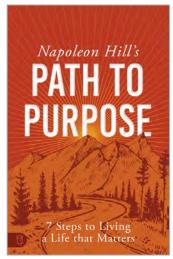
Paperback

COLOUR THROUGHOUT

AUD\$: 29.95







Napoleon Hill's Path to Purpose

7 Steps to Living a Life That Matters

By Napoleon Hill



Most people avoid answering this daunting question. As a result, they spend their days aimlessly drifting or scrambling from one task to the next, never deciding upon a larger goal or plan for their future.

SOUND WISDOM

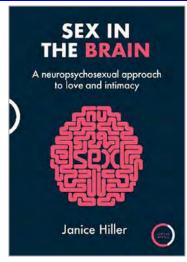
Category: SELF-HELP/PRACTICAL Disc: TRADE INTERNATIONAL

216 X 140 mm

Release Date: December 2023

9781640954656

Paperback 128 pages NOT ILLUSTRATED AUD\$: 29.99



Sex in the Brain

A neuropsychosexual approach to love and intimacy

By Janice Hiller



Sex in the Brain gives an overview of what happens in the brain during the development of romantic and sexual relationships, from the intense emotions accompanying the early stages of a new relationship through to kissing, touch, and arousal.

CONFER

Category: PSYCHOLOGY
Disc: TRADE INTERNATIONAL

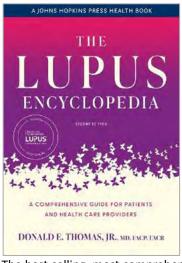
185 X 129 mm

Release Date: December 2023

9781913494889

Paperback 240 pages

AUD\$: 39.99



The Lupus Encyclopedia 2/e

A Comprehensive Guide for Patients and Health Care Providers

By Donald E. Thomas



The best-selling, most comprehensive guide to lupus, its complications, and management. Lupus is an autoimmune disease that can attack any body organ. provides all the helpful information patients need so they can understand and treat this disease.

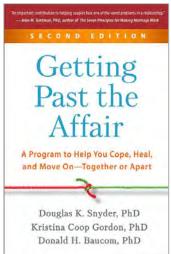
JOHNS HOPKINS UNIVERSITY PRESS

Category: FAMILY & HEALTH Disc: TRADE INTERNATIONAL

254 X 178 mm

Release Date: December 2023 **9781421446844**

Paperback 848 pages B&W THROUGHOUT AUD\$: 99.00



Getting Past the Affair 2/e

A Program to Help You Cope, Heal, and Move On--Together or Apart

By Douglas K. Snyder, Donald H. Baucom



Discovering that a partner has had an affair can feel like an earthquake. Long after the first jolt, emotional aftershocks can make it difficult to be there for family, manage daily life, and think clearly about options. From award-winning compassionate guide has already provided support and expert advice.

GUILFORD PUBLICATIONS

Category: CLINICAL PSYCHOLOGY Disc: TRADE INTERNATIONAL

229 X 152 mm

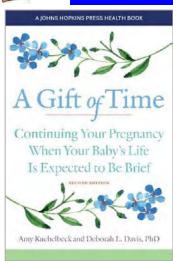
Release Date: December 2023 **9781462547487**

Paperback 294 pages NOT ILLUSTRATED

AUD\$: 49.99







A Gift of Time 2/e

Continuing Your Pregnancy When Your Baby's Life Is **Expected to Be Brief**

By Amy Kuebelbeck, Deborah L. Davis



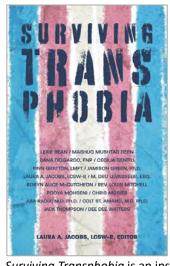
With compassion and support, A Gift of Time walks these parents step-by-step through this challenging and emotional experience-from receiving the diagnosis to coping with the pregnancy and making plans for the baby's birth and peaceful death.

JOHNS HOPKINS UNIVERSITY PRESS

Category: FAMILY & HEALTH Disc: TRADE INTERNATIONAL 229 X 152 mm

Release Date: December 2023

9781421446707 AUD\$: 69.99



Surviving Transphobia

By Laura A. Jacobs



Surviving Transphobia is an inspiring collection of essays by transgender and nonbinary experts and celebrities. We tell you our histories, reveal our vulnerabilities, share our strategies to remain determined in bleak times, and offer loving support as you brave agony and seek joy.

JESSICA KINGSLEY PUBLISHERS

Category: FAMILY & HEALTH Disc: TRADE INTERNATIONAL

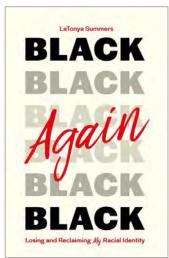
216 X 138 mm

Release Date: December 2023

9781787759657

Paperback 224 pages

AUD\$: 39.99



Black Again

Losing and Reclaiming My Racial Identity

Paperback

448 pages

By LaTonya Summers



LaTonya Summers knows the psychological impact of cultural assimilation and internalized racism all too well. In this inspiring memoir she explores how denying and suppressing her true black self, did her nothing but harm, and how through embracing her Blackness she could return to peace.

JESSICA KINGSLEY PUBLISHERS

Category: FAMILY & HEALTH Disc: TRADE INTERNATIONAL

216 X 138 mm

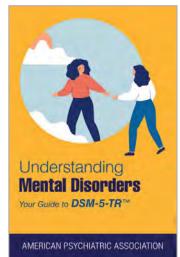
Release Date: December 2023

9781839973185

Paperback

224 pages

AUD\$: 36.99



Understanding Mental Disorders

Your Guide to DSM-5-TR (R)

By American Psychiatric **Association**



Understanding Mental Disorders: Your Guide to DSM-5-TR is a valuable guide for anyone who has been touched by mental illness. Most of us know someone who suffers from a mental illness. This book helps those who may be struggling with mental health problems.

AMERICAN PSYCHIATRIC ASSOCIATION PUBLISHING

Category: PSYCHIATRY

Disc: TRADE INTERNATIONAL

229 X 152 mm

Release Date: December 2023

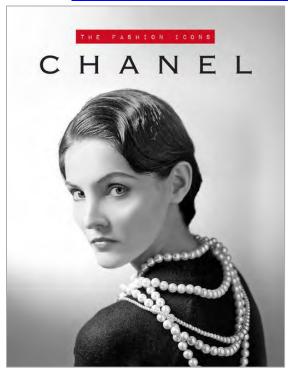
9781615375219

Paperback

B&W THROUGHOUT

AUD\$: 69.99





Chanel
The Fashion Icons

By Michael O'Neill

The story of a young girl who transformed herself from an impoverished orphan to one of the wealthiest and most famous women in the world, this book features images and photographs of Chanel's many iconic contributions to women's fashion such as Chanel No. 5 perfume, the little black dress, the Chanel tweed suit, the Chanel 2.55 bag, and the Chanel sling back shoes.

The book details how Chanel was a friend to Winston Churchill and Edward Prince of Wales, whilst simultaneously embracing the carefree, unfettered bohemian life of Paris in the 1920's, where she moved easily amongst the great creatives of the era, writers, painters, musicians, actors, such as Jean Cocteau, Sergei Diaghilev, Igor Stravinsky, Jean Renoir and Luchino Visconti. Couturiere to stars of the Hollywood silver screen, politics, and French and British high society, Coco Chanel counted Marlene Dietrich, Marilyn Monroe, Jackie Kennedy, Jane Fonda, and myriad others among her customers.

This is the story of her remarkable life and fashion, illustrated with beautiful images.

SONA BOOKS

Category: BIOGRPAHY: GENERAL Disc: TRADE INTERNATIONAL 267 X 210 mm

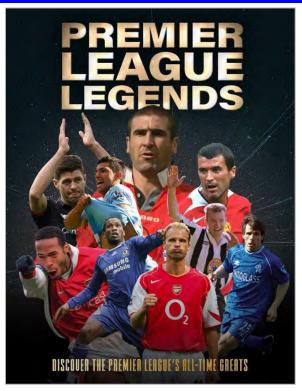
Release Date: November 2023

9781915343215



Hardback 144 pages

AUD\$: 49.99



Premier League Legends

By Dan Peel

On Saturday August 15, 1992, a multi-billion-dollar behemoth was born, as the inaugural season of the Premier League kicked off, changing the face of English football forever.

Now, as well as the best players from the British Isles, English football would be able to attract some of the top talent from around the globe – from Jurgen Klinsmann and Dennis Bergkamp to Luis Suarez and Eric Cantona.

In *Premier League Legends* we celebrate the very best entertainers, goal-getters, and deadly destroyers from the past three decades of action.

We kick off with a rundown of the top 100 players and some of the most iconic names of the Premier League era, while we also dive into the Four Four Two archives to unearth in-depth features and exclusive interviews with the likes of Juninho, David Ginola and Paolo Di Canio and relive some of the glorious goals, superb skills and show-stopping saves we've been privileged to witness ever since that historic Saturday afternoon in the summer of 1992.

SONA BOOKS

Category: SPORTS & OUTDOOR Disc: TRADE INTERNATIONAL 267 X 210 mm

Release Date: November 2023

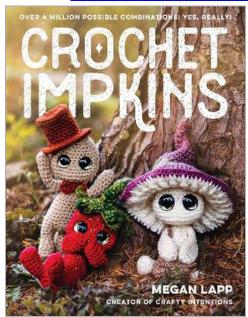
9781915343307

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Hardback 144 pages

AUD\$: 49.99





Crochet Impkins

Over a million possible combinations! Yes, really!

By Megan Lapp

Enter the world of the reclusive yet mischievous Impkins! I'm sure you have seen them out of the corner of your eye from time to time, racing from hiding place to nook or cranny-odd little creatures of stitch and stuffing, of endless variety in form and manner. In these pages, you will not find a taxonomy of their features or a list of the names by which you might call them, you will find guidance on something far more importantthe techniques and methods by which you might craft one of these little stitchlings of your very own.

It is a wonderful thing, I assure you, to bring an Impkin to life with hook and yarn, and herein you will find the detailed instructions necessary to craft one, with an endless array of options for ears, antennae, hats, wings, tails, scales, horns, hairstyles, clothing, and accessories. Each Impkin is unique, and only you can listen to find out what yours longs to be. Stitch by stitch, you'll cast a spell, until at last you have made a brandnew creature. Don't be surprised if it asks for a snazzy vest or a satchel to hold its treasures!

Though hard to spot at first, when you see one Impkin you can be sure there are more around. Impkins are social little creatures; once you make one, it is sure to clamour for a multitude of friends from your hook!

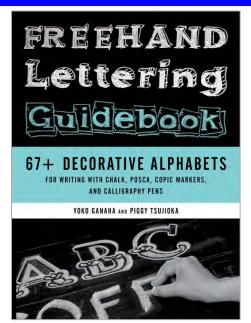
ROWMAN & LITTLEFIELD PUBLISHERS

Category: HANDICRAFTS Disc: TRADE INTERNATIONAL 279 X 216 mm

Release Date: October 2023

9780811771603

Paperback 216 pages COLOUR SECTION(S) AUD\$: 59.99



Freehand Lettering Guidebook

67+ Decorative Alphabets for Writing with Chalk, Posca, Copic Markers, and Calligraphy Pens

By Piggy Tsujioka, Yoko Ganaha

Purposeful choice in lettering can help convey meaning beyond just the written words.

Letters can be made with straight lines, curvy lines, be wildly embellished, adorned with leaves and flowers, made to attract a child's fancy, or to invite you in.

They can be made to sell coffee, baked goods, and sandwiches, or embellish stories and personal messages.

There is so much to say, and with the 67 fonts in this book, you'll have inspiration at your fingertips for whatever message you want to send.

The first chapter introduces the tools and materials that will help with your success.

Then techniques for different writing implements are shown, and the different fonts show you in clear steps how to make each.

Finally, the last chapter shows you how to set your type, creating letters of the same size, spaced evenly, and in the space allotted.

ROWMAN & LITTLEFIELD PUBLISHERS

Category: HANDICRAFTS Disc: TRADE INTERNATIONAL 254 X 190 mm

Release Date: December 2023

9780811772563

COLOUR SECTION(S)

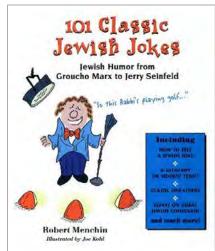
AUD\$: 51.99

Paperback

184 pages

WOODSLANE DECEMBER 2023 NEW RELEASE CATALOGUE





101 Classic Jewish Jokes

Jewish Humor from Groucho Marx to Jerry Seinfeld

By Robert Menchin, Joe Kohl



Jewish humor has defined comedy in 20th-century America. Jokes about doctors, jokes about food, jokes about mothers-101 classics are in this book, along with witty essays and charming cartoons by Joe Kohl.

ROWMAN & LITTLEFIELD PUBLISHERS

Category: HUMOUR

Disc: TRADE INTERNATIONAL

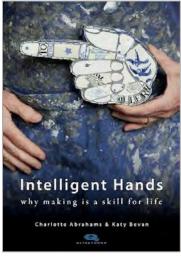
216 X 140 mm

Release Date: October 2023

9781493076901

Paperback 96 pages

AUD\$: 24.99



Intelligent Hands Why making is a skill for life

By Charlotte Abrahams, Katy Bevan



The authors are on a mission to enlighten the uninitiated and persuade the nay-sayers who dismiss craft as no more than a nice hobby or believe that doing things with your hands is for those who can't use their heads.

QUICKTHORN LTD

Category: EDUCATIONAL MATERIAL Disc: TRADE INTERNATIONAL

240 X 170 mm

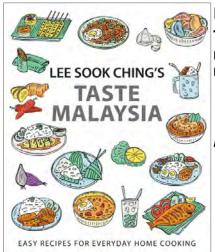
Release Date: December 2023

9781739316020

Paperback 112 pages NOT ILLUSTRATED

NOT ILLUSTRATE

AUD\$: 51.99



Lee Sook Ching's Taste Malaysia

Easy Recipes for Everyday Home Cooking

By Lee Sook Ching



Recreate authentic Southeast Asian dishes at home with this treasury of recipes. With an extensive spread of Chinese, Malay and Indian recipes, this gem of a cookbook will provide you with endless ideas for whipping up delicious meals and snacks.

MARSHALL CAVENDISH

Category: COOKERY FOOD & DRINK Disc: TRADE INTERNATIONAL

254 X 210 mm

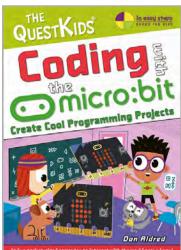
Release Date: December 2023

9789815084795

Paperback 176 pages COLOUR TH

COLOUR THROUGHOUT

AUD\$: 42.99



Coding with BBC micro:bit in easy steps

Create Cool Programming Projects

By Dan Aldred



Teaches children how to use micro:bit, and then guides them through 10 exciting projects, including a temperature sensor, simple interactive games and an alarm system. Each project has been designed to work with both versions of micro:bit.

IN EASY STEPS

Category: YOUNG ADT TECHNOLOGY Disc: TRADE INTERNATIONAL

297 X 210 mm

Release Date: December 2023

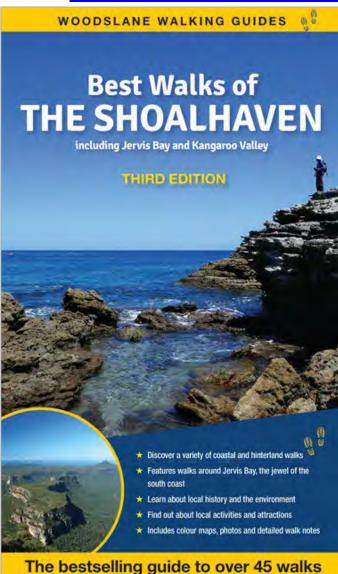
9781787910003

Paperback 80 pages

COLOUR THROUGHOUT

AUD\$: 34.99





Best Walks of the Shoalhaven 3/e

The bestselling guide to over 45 walks

By Gillian Souter, John Souter

Key Sales Points:

- * Third Edition of one of the Shoalhavens best-selling recreational guides.
- * Includes walks around Kangaroo Valley and Jervis Bay, the jewel of the south coast.
- * Part of Australia's best-selling walking guide series with over 30 titles in print.
- * Previous Edition ISBN **9781925403558**. Publicity:
- * Press release to major metropolitan and regional newspapers.
- * Publicity in targeted bushwalking publications.
- * Posters and flyers on request.

The Shoalhaven boasts a huge range of beautiful environments, making the region perfect for exploring on foot.

This third edition of the *Best Walks of the Shoalhaven* introduces the best walks for visitors and residents alike, ranging from leisurely beach-side strolls to the more rugged tracks deep in the bush.

Detailed descriptions and maps help the reader explore the regions parks, bushland, rivers, coasts, and most interesting urban areas.

As with previous titles in the series, the book is richly illustrated with over 200 full-colour photographs and dozens of detailed maps.

A summary table of walks indicating distances, facilities and highlights is included to help the reader find exactly the right walk for the occasion.

Walking chapters: Around Nowra, Around Kangaroo Valley, Jervis Bay, Around Ulladulla and Further Afield.

Paperback

240 pages

AUD\$: 32.99

WOODSLANE PRESS

Category: TRAVEL & HOLIDAY

Authors are from NSW

Colour Throughout
Disc: Trade Australian
220 X 130 mm

Release Date: December 2023

9781922800428

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Author Bio:

Gillian and John Souter live in a village in Jervis Bay and have enjoyed recreational walking for many years. As well as this book on the Shoalhaven they have also written four other Woodslane guides (to Tasmania, the Red Centre, the Illawarra, and the Southern Highlands), plus the new guide Discovering Natural Tasmania and three books on walking in Europe: Classic Walks in Western Europe, Walking Italy, and Walking France.



Around Kangaroo Valley

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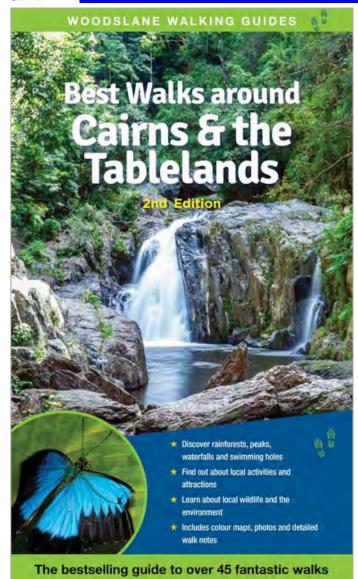


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Best Walks around Cairns & the Tablelands 2/e

The bestselling guide to over 45 fantastic walks

By Carmen Riordan, Sally McPhee, Beth Watson

Key Sales Points:

- * New edition of one of Cairns & districts bestselling outdoor
- * Part of Woodslane Press popular walking guide series with over 30 titles.
- * Covers a variety of short walks, half-day walks & longer walks.
- * Previous Edition ISBN 9781922131539.

Publicity:

- * Press release to major metropolitan and regional newspapers.
- * Publicity in targeted bushwalking publications.
- * Posters and flyers available on request.

Now in its second edition, *Best Walks around Cairns & the Tablelands* includes nearly 50 north Queensland walks from Cooktown down to Hinchinbrook Island.

Each walk specifies the distance, the total ascent and descent (if appropriate), the grade and the estimated duration and is accompanied by an accurate full-colour map.

Snippets about Queensland's history and wildlife add colour and interest to the walking experience. Families will enjoy information regarding child-friendly walks, and how to explore the bush safely with children of all ages.

Over 150 full-colour photos complement the text and provide you with a clear sense of the features on each walk. This guide will help you discover many of the classic walks in the region, as well as some wild and adventurous tracks that few know exist.

Author Bio:

Sally McPhee is the President of the Tablelands Bushwalking Club and works in the Queensland Department of Agriculture and Fisheries. Her daughter Beth Watson is also a keen bushwalker and fellow member of the Tablelands Bushwalking Club. Carmen Riordan is an equally avid bushwalker, editor, and member of Cairns Bushwalking Club.



1 Mount Whitfield 'Arrow' Tracks

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WOODSLANE PRESS

Category: TRAVEL & HOLIDAY

Colour Throughout
Disc: Trade Australian
220 X 130 mm

Release Date: December 2023

9781922800480

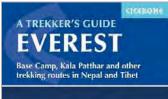
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Paperback 212 pages

AUD\$: 32.99







Everest: A Trekker's Guide 6/e



By Radek Kucharski



Guidebook to trekking in the Everest region of the Himalaya in Nepal, including Thame Valley, Lukla to Namche, Everest Base Camp from Namche and Gokyo (the Cho la and Phortse route), plus one route in Tibet (the Kharta Valley).

CICERONE

Category: SPORTS & OUTDOOR Disc: TRADE INTERNATIONAL

172 X 116 mm

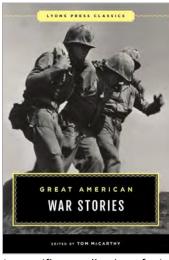
Release Date: December 2023

9781786311627

Paperback 320 pages

COLOUR SECTION(S)

AUD\$: 55.99



Great American War Stories

By Tom McCarthy



A magnificent collection of gripping accounts of battles great and small throughout history. These are all stories that have endured the test of time and have attracted discerning readers for generations.

ROWMAN & LITTLEFIELD PUBLISHERS

Category: HISTORY

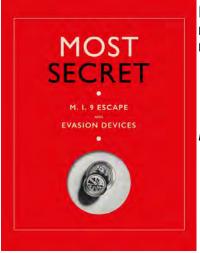
Disc: TRADE INTERNATIONAL 216 X 140 mm

Release Date: October 2023

9781493072194

Paperback 304 pages

AUD\$: 36.99



Most Secret

MI9 Escape and Evasion Devices

By Sarah Paterson



A rare and fascinating facsimile of an unseen MI9 publication. Published for the first time since its creation in 1942, this most secret facsimile reveals the many marvellous and ingenious escape aids created by MI9 to help Allied personnel both evade capture and escape from prisoner of war camps.

UNICORN PRESS

Category: HISTORY

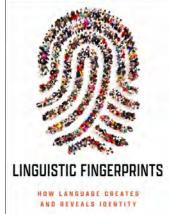
Disc: TRADE INTERNATIONAL

287 X 210 mm

Release Date: December 2023

9781912423675

Hardback 76 pages B&W SECTION(S) AUD\$: 36.99



ROGER KREUZ, Pho

Linguistic Fingerprints

How Language Creates and Reveals Identity

By Roger Kreuz



Level of education, gender, age, and even aspects of our personality can all be reliably determined by our vocabulary and grammar. To those who know what to look for, we give ourselves away every time we open our mouths or tap on a keyboard.

ROWMAN & LITTLEFIELD PUBLISHERS

Category: LANGUAGE/LINGUISTICS Disc: TRADE INTERNATIONAL

229 X 152 mm

Release Date: November 2023

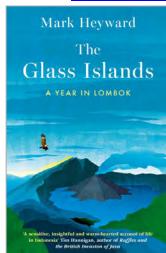
9781633888975

Hardback 256 pages

AUD\$: 59.99







The Glass Islands A year in Lombok

By Mark Heyward



When Australian Mark Heyward decides to build a home and raise a family on the island of Lombok, east of Bali, he has little idea of what is to come. Riots and battles, mythical princesses, magical voyages, birth and death, love, and loss.

MONSOON BOOKS

Category: TRAVEL WRITING Author is from Australia

Disc: TRADE INTERNATIONAL

198 X 129 mm

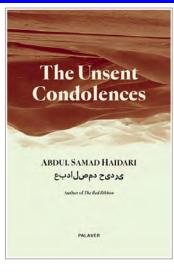
Release Date: September 2023

9781915310163

Paperback 336 pages

NOT ILLUSTRATED

AUD\$: 22.99



The Unsent **Condolences**

By Abdul Samad Haidari, Hugo Muecke



The book comprises fifty poems which recount the authors experiences of flight from war torn Afghanistan to Iran as a child of the oppressed Hazara ethnic group, and later boat travel to Indonesia where he remained as a stateless refugee.

PALAVER

Category: POETRY

Author is from New Zealand

Disc: TRADE AUSTRALIAN 210 X 140 mm

Release Date: December 2023

9780645588132

Paperback 150 pages

NOT ILLUSTRATED AUDS: 30.00



The Coming Thing

By Martina Evans



The Coming Thing is a brilliant long narrative poem. It is not Evans first: she has become celebrated for work on this scale, spoken, dramatic, abundant. She has been justly acclaimed by, among others, Colm Toibin.

CARCANET PRESS

Category: POETRY

Disc: TRADE INTERNATIONAL

216 X 135 mm

Release Date: December 2023

9781800173453

Paperback 88 pages **NOT ILLUSTRATED** AUD\$: 29.99

Infinite in Finite Infin-Ite in Finite Infin-Ite in Finite Infinite in Finite Infin-Ite in Finite Infinite in Finite Infinite in Infinite in Finite Andrew Wynn Owen

Infinite In Finite

By Andrew Wynn Owen



Infinite in Finite develops the inimitable style of The Multiverse, the authors first collection (2018), praised as showing some of the best technical skills of any living poet, the work of one who is not afraid of big subjects.

CARCANET PRESS

Category: POETRY

Disc: TRADE INTERNATIONAL

216 X 135 mm

Release Date: December 2023

9781800173477

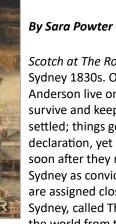
Paperback 128 pages NOT ILLUSTRATED AUD\$: 29.99



WOODSLANE DECEMBER 2023 NEW RELEASE CATALOGUE



Scotch at The Rocks



Scotch at The Rocks - Glasgow, Scotland, early 1800s to The Rocks, Sydney 1830s. Orphaned children Brodie Stewart and Heather Anderson live on Glasgow's streets. Although hungry, somehow, they survive and keep out of trouble. Heather finds a job and looks to be settled; things go pear-shaped for them both. Eventually, they marry by declaration, yet even that gets messed up, and they are both arrested soon after they make their vow. In 1838, they got transported to Sydney as convicts. Heather arrives within weeks of Brodie, and they are assigned close to each other. They are now living on the docklands in Sydney, called The Rocks. They now must forge a new life halfway across the world from their homeland. Adventures abound, and Brodie gets press-ganged.

PACIFIC WANDERLAND

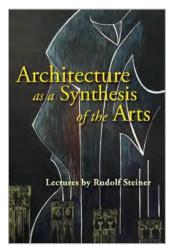
HISTORICAL FICTION

Author is from NSW

Disc: TRADE AUSTRALIAN Paperback 215 X 139 mm 207 Pages **B&W THROUGHOUT**

Rel Date: November 2023 9780645441550 AUDS: 29.99





Architecture as a Synthesis of the Arts

By Rudolf Steiner, Christian Thal-Jantzen

A collection of eight lectures by architect Rudolf Steiner, this text is aimed at students of architecture, the arts, social sciences, and those wishing to find a deeper spiritual understanding.

RUDOLF STEINER PRESS

ARCHITECTURE Disc: TRADE INTERNATIONAL **Paperback**

234 X 156 mm 220 Pages

COLOUR SECTION(S) Rel Date: December 2023

9781855840577 AUD\$: 67.99





Christ and the Human Soul

The Meaning of Life - The Spiritual Foundation of Morality -Anthroposophy and Christianity

By Rudolf Steiner, Bastiaan Baan

10 Lectures in Copenhagen and Norrkoeping, May 23-30, 1912, July 12-16, 1914 (CW 155) "Spiritual science does not want to replace Christianity; rather, it aims to be the instrument through which the meaning of Christianity can be grasped. And one thing that will become particularly clear through spiritual science is that the being whom we call Christ must be recognized as the centre of life on earth, and that what we call the Christian faith is the ultimate religion, the eternal religion for the future of the earth." -- Rudolf Steiner (July 13, 1914). This collection of lectures from 1912 and 1914 offers a deepened understanding of the being of Christ, the divine Logos, in his connection with individual human souls. From religious figures such as John the Baptist and Saint Francis to the twentieth-century poet Christian Morgenstern, these lectures reveal how Christ works with and through all who seek him.

ANTHROPOSOPHIC PRESS

RELIGION & BELIEFS

Disc: TRADE INTERNATIONAL

Paperback 235 X 152 mm 288 Pages

Rel Date: December 2023

9781621483199 AUD\$: 58.99





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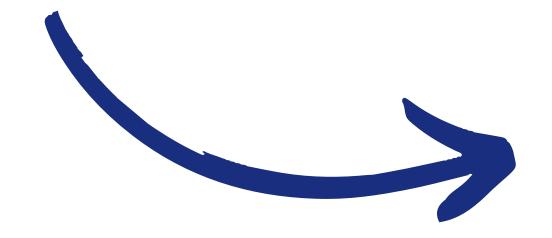
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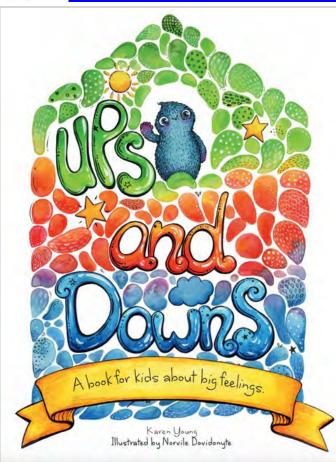
NEW RELEASE TITLES



OVER THE PAGE







Ups and Downs

A book for kids about big feelings

By Karen Young, Norvile Dovidonyte

A book for young people (and their important adults). All feelings are important - the magical, the messy, and the in-between.

All feelings are important - the magical, the messy, and the inbetween.

Sometimes though, big feelings can have us behaving in ways that aren't so, let's say... shiny. This happens to all of us.

The more young people understand how and why, the more they can build the capacity to feel their feelings and manage them in positive ways.

Ups and Downs draws on Polyvagal Theory, a widely accepted neuroscientific theory, to support young people to understand why they feel, and do as they do, and how to do differently when they need to.

Driving brains and bodies isn't easy! It takes time, experience, and the right information, so let's give them that.

Author Bio:

Author: Karen began her career as a psychologist and now consults with parents, schools, government bodies, and child and adolescent focused organisations both at home in Australia and overseas. She is the founder of Hey Sigmund at www.heysigmund.com, an internationally popular online resource that provides contemporary, research-driven information on anxiety, parenting, and the neurodevelopment of children.

Illustrator: Nora graduated from art school in Lithuania and completed a bachelor's degree in fine photography at the Vilnius Design College. Ever since she can remember, she has been fascinated by children's storybooks, especially creative illustrations. She creates whimsical characters with big round eyes and unique personalities. For her, watercolour is the ideal medium fulfilling her sense of creative satisfaction. Nora creates intricate patterns and details with an ink pen working to expose her own dreamlike version of reality. You can find her works at www.norvile.com.

HEY SIGMUND

Category: PICTURE BOOKS

Author is from QLD
Colour Throughout
Disc: Trade Australian

Release Date: December 2024

9780648488897

277 X 215 mm

Age: 5+ years Hardback 44 pages

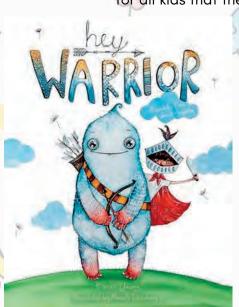
AUD\$: 26.99



BY KAREN YOUNG

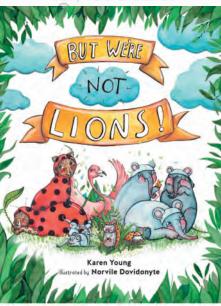
Karen began her career as a psychologist before she founded www.heysigmund.com, the website that brings the science of psychology to the art of being human. She has an honours degree in psychology and masters in Gestalt therapy. Karen is a sought after speaker, both at home in Australia and internationally, on the topic of anxiety in children and teens.

For kids, parents, educators and professionals, Karen's books creatively assist children to understand and manage anxiety, learn more about their brains – how it works and what it needs, and are friendly reminders for all kids that the very best thing about them, is them.



ISBN: 978<mark>06</mark>48488804 AUD RRP **\$26**.99





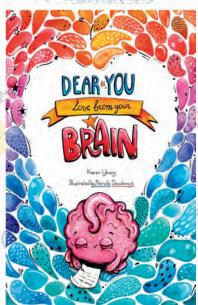
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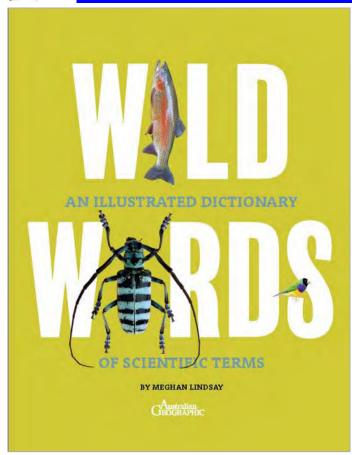


ISBN: 9780648488880 AUD RRP \$26.99



83





Author Bio:

Meghan Lindsay is a freelance environmental writer and journalist with a background in conservation, natural resource management and science communication. She also works as a community learning and communications officer at the Victorian National Parks Association. This is Meghan's first book with Australian Geographic.



Wild Words

An Illustrated Dictionary of Scientific Terms

By Meghan Lindsay

Key Sales Points:

- * Easy to understand.
- * Suitable for all ages from 11 and up.
- * Bright, colourful, and illustrative.
- * A thorough and detailed scientific dictionary that is simple to use.

Explore and memorise important scientific terms, with etched illustrations, commentary, and fascinating trivia about Australia's biological and zoological wonders.

An easy reference for nature-lovers or upper primary to tertiary students.

AUD\$: 29.99

AUSTRALIAN GEOGRAPHIC

Category: YOUNG ADT GEN NON-FN

Author is from VIC

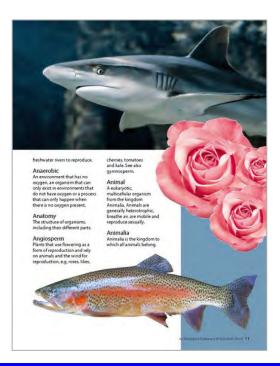
Colour Throughout

Disc: Trade Australian Paperback 247 X 190 mm 128 pages

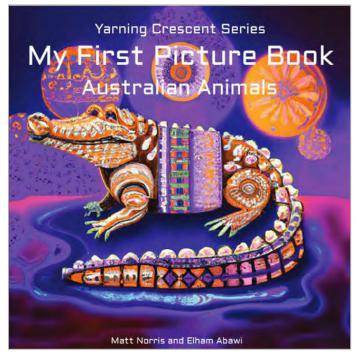
Release Date: December 2023

9781922388971









Author Bio:

We are two friends who have come together to create a unique and meaningful project. Our names are Matt and Elham, and we have co-authored a children's picture book. Our inspiration for this project came from our shared passion for storytelling and our desire to share the richness and beauty of Aboriginal culture with young readers. One of us, Matt, is Aboriginal, and we have drawn from his personal experiences and knowledge to create a book that is authentic and representative of Aboriginal traditions and values. Matt has contributed his expertise and insights into Aboriginal culture, while Elham has used his skills in writing, project management and use of artificial and human intelligence to create an engaging and visually stunning book that will captivate children.



My Frist Picture Book - Australian Animals

By Matt Norris, Elham Abawi

Key Sales Points:

- * Engaging Aboriginal-inspired Art: "My First Picture Book" stands out with its captivating illustrations, drawing inspiration from the rich tradition of Aboriginal art.
- * Promotes Early Literacy: Designed as a powerful educational tool, this book goes beyond just entertaining. It introduces phonemic awareness, a crucial skill for future reading success.
- * Culturally Inclusive Content: "My First Picture Book" celebrates diversity and inclusivity by incorporating elements of Aboriginal art and culture. It not only introduces children to adorable Australian animals but also fosters an appreciation for the rich heritage and traditions of Indigenous communities. This culturally inclusive content provides a unique opportunity for young readers to learn about different cultures and promotes a sense of respect and understanding from an early age. Publicity: * Website, Instagram, Facebook.
- * Well received in childcare centres as well as a few primary schools where we have done cultural engagement and cultural experience sessions as part of the schools' incursions.
- * Have sold many copies during NAIDOC week.

Are you looking for a fun and effective way to promote your child's early learning and language development? Look no further than "My First Picture Book"!

This powerful educational tool features colourful illustrations of relatable Australian animals and engaging text that encourages children to sound out words and improve their reading skills.

With "My First Picture Book," your child will be introduced to phonemic awareness, an essential skill for future reading success. Plus, the fun and relatable images will keep your little one engaged and eager to learn.

My First Picture Book is a creative and colourful children's picture book that draws inspiration from the rich tradition of Aboriginal art.

YARNING CRESCENT

Category: PICTURE BOOKS

Author is from NSW

Colour Throughout
Disc: Trade Australian
152 X 152 mm

Release Date: September 2023

9780646871950

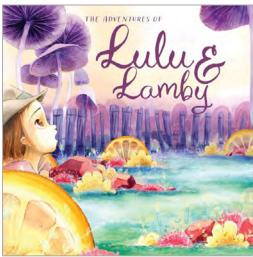
9 780646 871950

Age: 3+ years Board book 38 pages

AUD\$: 14.95







The Adventures of Lulu and Lamby

By Matt Jackson, Jelena Jordanovic-Lewis

Lulu and Lamby are the best of friends! When Lamby goes missing, Lulu goes on a great adventure to bring him home.

LITTLE STEPS

Category: PICTURE BOOKS

Author is from VIC

Disc: TRADE AUSTRALIAN 275 X 240 mm

Release Date: August 2023

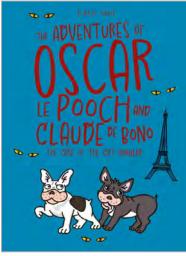
9781922358707



Paperback 32 pages

COLOUR THROUGHOUT

AUD\$: 14.95



The Adventures of Oscar Le Pooch and Claude De Bono

By E.M.A Sevil, Saxon Dwyer



Cats are being stolen from Paris en masse, and it is up to two unlikely Frenchie doggy detectives, Oscar le Pooch, le One Spot Wonder, and his sidekick Claude de Bono to sniff out who's behind this.

LITTLE STEPS

Category: PICTURE BOOKS Disc: TRADE AUSTRALIAN

200 X 150 mm

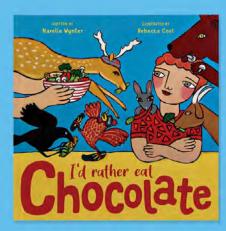
Release Date: August 2023

9781922678393

Paperback 204 pages

COLOUR THROUGHOUT

AUD\$: 16.95



I'd Rather Eat Chocolate

By Narelle Wynter, Rebecca Cool

'I don't like veggies,' I say with a sigh. 'I'd rather eat chocolate, a cake or French-fry.' With a little imagination, eating veggies doesn't have to be a chore! Enjoy this fun, rhyming dinnertime story.

Paperback

AUD\$: 16.95

COLOUR THROUGHOUT

32 pages

LITTLE STEPS

Category: PICTURE BOOKS

Author is from WA

Disc: TRADE AUSTRALIAN 240 X 240 mm

Release Date: August 2023 9781922833365

Category: PICTURE BOOKS

Author is from SA

240 X 240 mm

Release Date: August 2023 9781922833471



Penny Platypus Lends A Hand

By Chelsea Schar-Grant, **Aaron Pocock**

Come and see all of the ways Penny Platypus and her friends help out their community and each other! Everybody can make a difference.

LITTLE STEPS

Disc: TRADE AUSTRALIAN

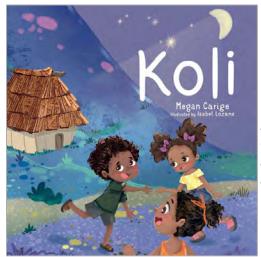
28 pages **COLOUR THROUGHOUT**

AUD\$: 16.95

Paperback







Koli

By Megan Carige, Isabel Lozano Rodriguez

When Koli moves from her rural village to the hustle and bustle of a whole new country, she must make a lot of changes ... but she soon learns that she always keeps the people she loves with her, in her heart.

LITTLE STEPS

Category: PICTURE BOOKS

Author is from QLD

Disc: TRADE AUSTRALIAN 265 X 235 mm

Release Date: August 2023

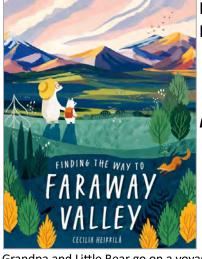
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Paperback 32 pages

COLOUR THROUGHOUT

AUD\$: 16.95



Finding the Way to **Faraway Valley**

By Cecilia Heikkila

Grandpa and Little Bear go on a voyage to try to find Faraway Valley. But does this beautiful, special place still exist? A heartwarming, stunningly illustrated picture book adventure with a message of preserving nature.

FLORIS BOOKS

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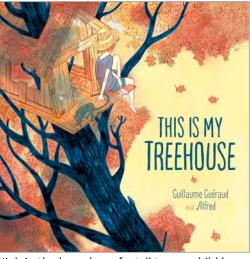
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Hardback 40 pages

COLOUR SECTION(S) AUD\$: 34.99





This Is My Treehouse

By Guillaume Gueraud, Alfred

High in the branches of a tall tree, a child has a special place where dreams come alive. The lyrical story and stunning illustrations of wild seas, magical castles and far-flung places tenderly celebrates the power of childhood.

Hardback

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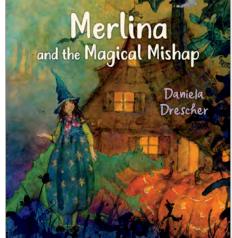
Category: PICTURE BOOKS Disc: TRADE INTERNATIONAL

270 X 270 mm

Release Date: December 2023

9781782508557





Merlina and the Magical Mishap

By Daniela Drescher

Merlina the little witch and Igor the dragon is busy with the harvest. When Igor gets hurt, can Merlina whip up a spell to help him? A sweet, playful bedtime read with warm illustrations from the creator of In the Land of Fairies.

FLORIS BOOKS

Category: PICTURE BOOKS Disc: TRADE INTERNATIONAL

254 X 227 mm

Release Date: August 2023

Hardback 28 pages

COLOUR SECTION(S)

AUD\$: 24.99





Little Tomte's Christmas Wish

By Inkeri Karvonen, Hannu Taina

A heart-warming festive tale about a little tomte (Scandinavian gnome) who hopes that Christmas will come. Created by an acclaimed Finnish author and illustrator.

FLORIS BOOKS

Category: PICTURE BOOKS Disc: TRADE INTERNATIONAL

238 X 294 mm

Release Date: December 2023

9781782508533



Hardback 32 pages

COLOUR SECTION(S)

AUD\$: 34.99



One Christmas in Our Building A Very Merry Mystery

By Johanna Lindemann, Andrea Stegmaier



Christmas isn't going as planned! The turkey has disastrously disappeared, and Emma's family are about to have Christmas spaghetti when their neighbours come knocking. A fun festive story about community spirit and togetherness.

FLORIS BOOKS

Category: PICTURE BOOKS Disc: TRADE INTERNATIONAL

289 X 225 mm

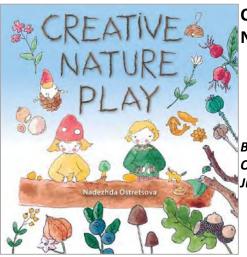
Release Date: August 2023

9781782508618

Hardback 36 pages

COLOUR SECTION(S)

AUD\$: 29.99



Creative Nature Play

By Nadezhda Ostretsova, Juliya Zmeeva

Learn how to make simple craft projects from natural objects, such as pinecones and sheep's wool. Suitable for children aged 5-8 years and magically illustrated with crafts, stories, rhymes & games.

HAWTHORN PRESS

Category: YOUNG ADT GEN NON-FN Disc: TRADE INTERNATIONAL

208 X 198 mm

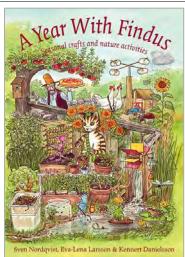
Release Date: November 2023

9781912480845



Paperback 64 pages

AUD\$: 48.99



A Year with Findus Seasonal crafts and nature activities

By Sven Nordqvist

Join Pettson and Findus and be inspired by all the exciting activities and experiments they get up to through the year. Beautifully brought to life by Sven's ingenious illustrations this book suggests crafts and activities using what nature has.

HAWTHORN PRESS

Category: PICTURE BOOKS Disc: TRADE INTERNATIONAL

297 X 210 mm

Release Date: December 2023

9781912480890

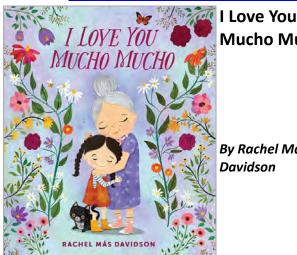
Paperback 104 pages COLOUR THROUGHOUT

AUD\$: 49.99









Mucho Mucho

By Rachel Mas Davidson

Rosie is so excited to see her abuela and tell her everything that's been going on--but Abuela doesn't speak English, and Rosie doesn't speak Spanish. They quickly learn over lunch, though, that hunger has no language.

1517 MEDIA

Category: PICTURE BOOKS Disc: TRADE INTERNATIONAL

260 X 222 mm

Release Date: December 2023

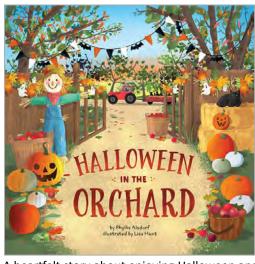
9781506488660



Hardback 32 pages

COLOUR SECTION(S)

AUD\$: 39.99



Halloween in the Orchard

By Phyllis Alsdurf, Lisa Hunt

A heartfelt story about enjoying Halloween and autumn at the local apple orchard. In this story, a boy and his family enjoy everything the orchard has to offer, including searching for scarecrows, getting lost in a corn maze, and going on a hayride.

1517 MEDIA

Category: PICTURE BOOKS Disc: TRADE INTERNATIONAL

260 X 260 mm

Release Date: December 2023

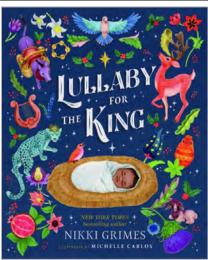
9781506487687



Hardback 32 pages

COLOUR SECTION(S)

AUD\$: 39.99



Lullaby for the King

With glittering poetry and stunning watercolour artwork, Lullaby for the King ushers' readers into the awe and wonder of the Christmas story. Animals from across the ancient Palestinian landscape lumber, gambol, crawl, fly, and parade toward Bethlehem with gifts worth of the newborn King. **1517 MEDIA**

Hardback

40 pages

AUD\$: 39.99

COLOUR THROUGHOUT

Category: PICTURE BOOKS Disc: TRADE INTERNATIONAL 286 X 235 mm

Release Date: October 2023

9781506485621



By Nikki Grimes, Michelle Carlos



The Infinity Rainbow Club

Nick and the Brick Builder Challenge

By Jen Malia, Peter Francis

The Infinity Rainbow Club is a chapter book series featuring five neurodivergent children in a club at their elementary school. The club provides a safe space for stims and different communication styles to be accepted and celebrated.

1517 MEDIA

Category: FICTION Disc: TRADE INTERNATIONAL

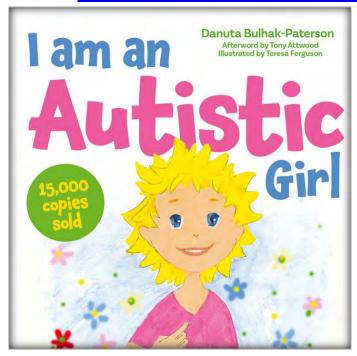
191 X 140 mm

Release Date: December 2023 9781506493411

Paperback 128 pages **B&W THROUGHOUT** AUD\$: 19.99







Author Bio:

Danuta Bulhak-Paterson is a Clinical Psychologist and Director at Unique U Psychology Clinic, a specialist clinic for girls and women with autism spectrum conditions in Melbourne, Australia. She has over fifteen years' experience of working with people of all ages with autism spectrum conditions. She previously worked with Professor Tony Attwood and Dr Michelle Garnett at Minds and Hearts Clinic in Brisbane, Australia.

I am an Autistic Girl

A Book to Help Young Girls Discover and Celebrate Being Autistic

By Danuta Bulhak-Paterson, Illustrated by Teresa Ferguson Afterword by Tony Attwood

Lizzie is an autistic girl, which means that her brain works differently to her friends, and even to autistic boys!

In this book, Lizzie explains what it's like to be an autistic girl, including how she has a special talent for blending in with her friends, how she can get tired after being at school all day, how she worries about making mistakes, and how she finds it hard to understand how she is feeling.

By simply, clearly, and positively explaining the social differences associated with young autistic girls, this book will help autistic girls aged 5-11 to understand their diagnosis, recognise their unique strengths and celebrate their differences, and find ways of coping with difficulties.

This positive, and celebratory book also contains helpful discussion points for parents and professionals to explore further with the girls in their care.

JESSICA KINGSLEY PUBLISHERS

Category: LIFE SKILL/GEN STUDS

Author is from Australia

Colour Throughout
Disc: Trade International
210 X 210 mm

Release Date: November 2023

9781805011200



Hardback 32 pages

Age: 4-8 years

AUD\$: 34.99





My Culture, My Gender, Me

By Cassandra Jules Corrigan

This lovingly illustrated guide is an important testament that genders other than male, and female have always existed around the globe - and comes with additional materials to help children uncover the gender identities from their own cultures.

JESSICA KINGSLEY PUBLISHERS

Category: SOCIETY CULTURE Disc: TRADE INTERNATIONAL

251 X 248 mm

Release Date: December 2023

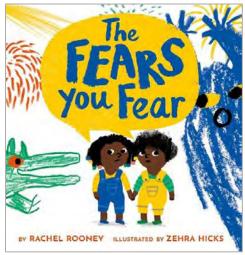
9781839977626



Hardback 48 pages

COLOUR SECTION(S)

AUD\$: 31.99



The Fears You Fear

By Rachel Rooney, Zehra Hicks

A rhyming picture book that explores what happens when children encounter a fear. We all have fears that frighten us. Some are fears you see, and some are ones you don't. It's a feeling we all feel.

MAGINATION PRESS

Category: LIFE SKILL/GEN STUDS Disc: TRADE INTERNATIONAL

248 X 260 mm

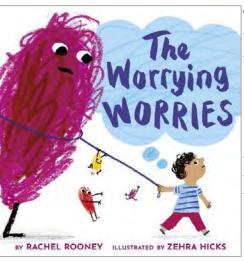
Release Date: December 2023

9781433841927



Hardback 28 pages

AUD\$: 41.99



The Worrying **Worries**

By Rachel Rooney, Zehra Hicks

This lively rhyming picture book explores what happens when children encounter a worry, and some simple strategies to tame them. Everyone has had a worry at some point.

MAGINATION PRESS

Category: LIFE SKILL/GEN STUDS Disc: TRADE INTERNATIONAL

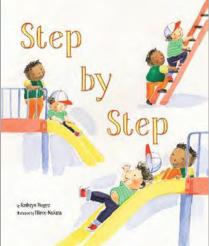
248 X 260 mm

Release Date: December 2023

9781433841958

Hardback 28 pages

AUD\$: 41.99



Step by Step

By Kat Boger, Hiroe Nakata

The world is full of exciting new things for Sam to try...but new things can be scary! Can his mom help him figure out how to face his fears?

MAGINATION PRESS

Category: LIFE SKILL/GEN STUDS Disc: TRADE INTERNATIONAL

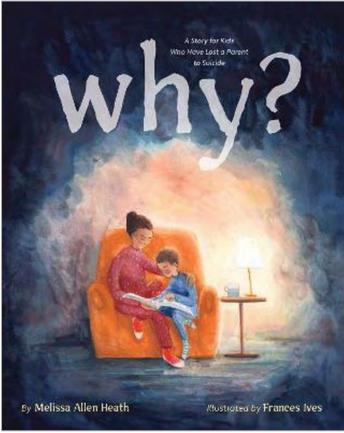
254 X 203 mm

Release Date: December 2023

Hardback 32 pages

AUD\$: 38.99







By Melissa Allen Heath, Frances Ives

A picture book geared to help parents and counsellors communicate with young children about a parent's suicide.

Oliver's daddy loved him-a whole bunch, forever and for always. One day Oliver's daddy died by suicide. Why? Oliver's mommy hugs him tight, and she tells him why. And she reassures Oliver that his daddy loved him-and that will never change.

In developmentally appropriate language and evocative illustrations, this picture book helps open communication about why a parent completes suicide.

A reader's note offers more information about supporting children who have lost a parent to suicide.

MAGINATION PRESS

Category: LIFE SKILL/GEN STUDS

Disc: TRADE INTERNATIONAL

254 X 203 mm

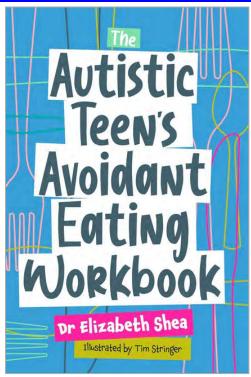
Release Date: December 2023

9781433841965



Age: 3+ years Hardback 32 pages

AUD\$: 41.99



The Autistic Teen's Avoidant Eating Workbook

By Elizabeth Shea, Tim Stringer

What should I be aware of when trying new foods? Am I ready to change my eating patterns? How can I eat with other people? Food can come with all sorts of challenges - sensory issues, social pressure, loss of control - and so making choices about what foods to eat, and coping with mealtimes can be stressful - especially when other people are involved.

If you are neurodivergent and looking to change your relationship with food, this interactive, accessible guide is the perfect companion. You might stick to the same safe foods all the time, be attached to specific mealtime rituals, or struggle to know whether you are hungry or full.

This guide will help you recognise the signs of avoidant eating, cope with food related anxieties and manage sensory overload, as well as the particular social stresses of communal eating. With top tips, a progress tracker, quizzes, and worksheets, this is an engaging and informative resource for teens and parents alike.

JESSICA KINGSLEY PUBLISHERS

Category: CLINICAL/INT'L MEDIC Disc: TRADE INTERNATIONAL

229 X 152 mm

Release Date: December 2023

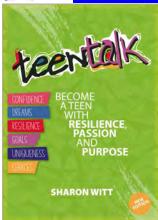
9781787758599



Paperback 208 pages B&W THROUGHOUT AUD\$: 38.99







Teen Talk - Become a resilient Teen with passion and purpose

By Sharon Witt

Navigating the teenage years can be tricky, and sometimes overwhelming.

This book encourages you to unleash your amazing potential, empowering you with practical strategies to embrace failure, cultivate a positive self-image, and harness the transformative power of resilience and goal setting.

COLLECTIVE WISDOM

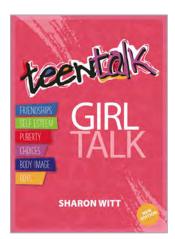
LIFE SKILL/GEN STUDS Disc: TRADE AUSTRALIAN Paperback

200 X 130 mm 180 Pages

COLOUR THROUGHOUT
Rel Date: December 2023

9780648951742 AUD\$: 27.99





Teen Talk - Girl Talk (Updated Edition)

By Sharon Witt

Being an adolescent girl can be quite challenging at times. It's not uncommon to feel like you're the only one going through certain experiences. But fear not!

This book is here to extend a helping hand, offering valuable advice and guidance to help you navigate through

the complexities of your teen years with confidence and ease.

COLLECTIVE WISDOM

LIFE SKILL/GEN STUDS

Author is from VIC

Age: 9+ years

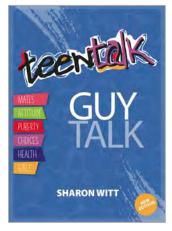
Disc: TRADE AUSTRALIAN

Paperback 200 X 130 mm 180 Pages

COLOUR THROUGHOUT Rel Date: December 2023

9780648951759 AUD\$: 27.99





Teen Talk - Guy Talk (Updated Edition)

Bv Sharon Witt

Navigating adolescence as a young guy can be challenging. It's common to feel isolated in your experiences, thinking no one else can relate. But fear not, help is readily available!

This book is your trusted companion, offering invaluable advice and guidance to assist you in confidently navigating through these transformative teen years.

COLLECTIVE WISDOM

LIFE SKILL/GEN STUDS

Author is from VIC

Age: 9+ years

Disc: TRADE AUSTRALIAN

Paperback 200 X 180 mm 180 Pages

COLOUR THROUGHOUT Rel Date: December 2023

9780648951766 AUD\$: 27.99







Author Bio:

Author: Belinda Haan is an Australian compassion teacher, author, and mother of two. As an Ambassador of Compassion with Stanford University's Center for Compassion and Altruism Research (CCARE) Belinda's work focuses on alleviating suffering and shame through compassionate experiences and support. Illustrator: Crystal Oliver is an award-winning designer who specialises in creating colourful brands and websites for small business. Crystal has over 10 years' experience in the creative industry with a background in contemporary art, studio photography, user experience and communication design.



Emotional Support for Mothers Toolkit

Simple Practices for Difficult Days

By Belinda Haan, Crystal Oliver

Key Sales Points:

* Unlike other parenting books that focus on the needs of the child, the *Emotional Support for Mothers Toolkit* is specifically designed to focus on the needs of the mother without reinforcing impossible standards of parenting. * It provides a how-to of nervous system support, emotional self-regulation, resilience, and wisdom, and is a practical toolkit to support mothers in times of stress when their ability to take in, and act on, new information is greatly reduced.

Publicity: * Collaborations with key influencers and ambassadors * Engagement with wholesalers including GPs and psychology clinics * Partnership with a not-for-profit that supports wellbeing in mothers.

We can't avoid difficult days, but we can meet them well. All mothers will face difficult days—whether they're navigating the beautiful but exhausting transition from woman to mother (matrescence); experiencing the wonder and tantrums of toddler town; supporting a small person in their schooling and social skills; or guiding their teen through the highs and lows of almostgrown-up life.

The Emotional Support for Mothers Toolkit helps these mothers meet their difficult days well. Grounded in the reality of day-to-day parenting, it embraces mothers as real people who make mistakes and fail and provides practical ways, they can meet the full joy and catastrophe of parenting with greater confidence and ease. Full of supportive practices and compassionate guidance, it has been designed to help busy, overwhelmed mothers: * Work through challenging emotions, * Support their nervous system in times of stress, * Build skills in emotional self-regulation and resilience and, * Develop greater self-compassion, emotional wisdom, and mindfulness.

The Emotional Support for Mothers Toolkit includes: * 100+ simple, self-led, science-based activities that can be done anywhere in five minutes or less, * Individual and family-based practices that build resilience and emotional wisdom in both parents and children, * An in-depth guidebook, deeper practices, and further support to proactively build self-knowledge, self-compassion, and emotional wisdom.

PUBLISH CENTRAL

Category: FAMILY & HEALTH

Author is from VIC

Colour Throughout Disc: Trade Australian 157 X 105 mm

Release Date: December 2023

9781923007208

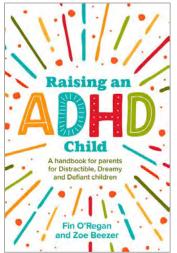
781923 007208

Cards 64 pages

AUD\$: 49.95







Raising an ADHD Child

A handbook for parents for Distractible, Dreamy and Defiant children

By Fintan O'Regan



A practical guide to parenting children with ADHD, written by two experienced former teachers in the field of ADHD and Neurodiversity, Zoe Beezer and Fintan O'Regan. Chapters include guidance on medication, diagnosis, and hyperfocus.

JESSICA KINGSLEY PUBLISHERS

Category: FAMILY & HEALTH Disc: TRADE INTERNATIONAL

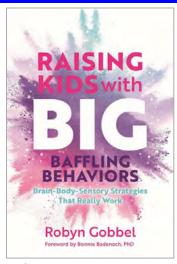
229 X 152 mm

Release Date: December 2023

9781839970214

Paperback 160 pages

AUD\$: 38.99



Raising Kids with Big, Baffling Behaviors

Brain-Body-Sensory Strategies That Really Work

By Robyn Gobbel



Baffling behaviours can make any parent feel bewildered and drained. Why is my child doing this? Robyn Gobbel and neuroscience are here to help you understand and slowly reverse the neurological causes behind your child's behaviours.

JESSICA KINGSLEY PUBLISHERS

Category: FAMILY & HEALTH Disc: TRADE INTERNATIONAL

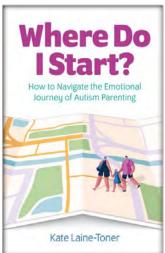
229 X 152 mm

Release Date: December 2023

9781839974281

Paperback 272 pages

B&W THROUGHOUT AUD\$: 38.99



Where Do I Start?

How to Navigate the Emotional Journey of Autism Parenting

By Kate Laine-Toner



Written by an author who is both neurodivergent and the parent of an autistic child, this guidebook supports parents and carers as they navigate their child's autism diagnosis. Tips and strategies help them find ways to look after their own way.

JESSICA KINGSLEY PUBLISHERS

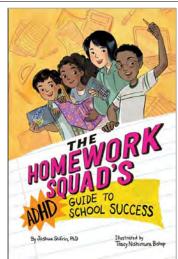
Category: CLINICAL/INT'L MEDIC Disc: TRADE INTERNATIONAL

216 X 140 mm

Release Date: December 2023

9781839975523

Paperback 224 pages B&W THROUGHOUT AUD\$: 38.99



The Homework Squad's ADHD Guide to School Success

By Joshua Shifrin, Tracy Bishop



The Homework Squad is here for kids with ADHD! This easy-touse guide will help with key study skills to improve reading, writing, math, listening, memorization, concentration, and more! Bite-sized tips and tricks, and journal prompts.

MAGINATION PRESS

Category: EDUCATION
Disc: TRADE INTERNATIONAL
229 X 152 mm

Release Date: November 2023

9781433833755

Hardback 128 pages NOT ILLUSTRATED AUD\$: 30.99

DECEMBER 2023

